

Jenkins News



July 2022

"Caring for you and yours."

Watertown, SD 57201

Our CULTURE Makes Jenkins—JENKINS!

We are your neighbors! Your friends! Your family! We are soccer moms and baseball dads, aunts and uncles and brothers and sisters! We are Watertown and beyond! We care and we do it very well! We are the very foundation of what thousands have relied upon when needing skilled nursing services. We provide home, hope and health to seniors in historic uptown Watertown.

"What Makes Jenkins Special?"

*Quite simply it is our **culture**—the right people, in the right places, make the right foundation!*

- ~It's the **HOUSEKEEPER** that meticulously cleans each room ensuring that special pillow is placed just so.
- ~It's the insanely **CREATIVE ACTIVITIES STAFF** that have residents engaged with dancing, singing, laughing, fun with food, contests, games & more!
- ~It's the **MAINTENANCE TEAM** that "fixes" everything and then some!
- ~The **DIETARY TEAM** that creates culinary excellence for each and every resident even offering an 'anytime menu" with clean up all in one!
- ~The **RECEPTIONIST** that provides joyful assistance at the "command station."
- ~It's the **LAUNDRY AIDES** that ensure thousands of pounds of laundry are sorted, cleaned, folded and delivered!
- ~It's the **SOCIAL WORKER** that lends a hand or a listening ear of a resident or family member.
- ~It's the **REHAB TEAM** that gets you **BACK** to living the life you want to live!
- ~The **CUSTODIAL STAFF** that create a clean, fresh and safe place for all!
- ~The **ADMINISTRATION** that dot the 'i's' and cross the 't's'.
- ~The **SENIOR APARTMENT STAFF** assisting tenants that wish to continue with their independence and social lifestyle.
- ~The **NURSING STAFF** that provides professional, medical care with patience, love and learning, even in the most difficult of times.
- ~The **STYLIST** who provides on-site hair care services to residents and tenants.
- ~The **VOLUNTEERS** who give selflessly of their time and a gentle hand.
- ~Our **PASTOR** that provides non-denominational, Christian, comfort and guidance to our residents, families and staff.

It is **THE ENTIRE TEAM** that create this CARING CULTURE! We all care for loved ones as our own, so people like you can work, live and play knowing we are right here!

Please thank a Jenkins team member today!

#wearefamily #wearejenkins

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Celebrating Independence!



JENKINS NEWS

If you would prefer to read this publication on either our website or Facebook Page, and no longer wish to receive a mailed copy, please let us know so we can remove your name from our list and save Jenkins some postages costs. Thank you.

Call Kristi at 605-886-1444 or email: kristig@jenkinslivingcenter.com

facebook

Find us at [Jenkins Living Center & Jenkins Rehab Page](#) for more fun & photos!



The Current State of Long Term Care

Jenkins Living Center is a place like no other as most of you can attest to, that have stepped foot in our doors. There is just something special about our culture in which the residents live. By now, no doubt you've heard of the recent closings of two more skilled nursing facilities in SD which brings the total to 12 closures in the past 5 years with additional closures expected. Nationally, more than 400 nursing facilities are expected to close in 2022. COVID has only made nursing facilities more financially strapped. It has triggered huge drops in census and increased costs for PPE (Personal Protective Equipment) and ongoing COVID testing. In addition, increasing food and energy costs as well as increased labor costs continue to be a major factor in the risk of closures across the country. Economists expect even more increases through the end of the year and into 2023.

Currently, the two major issues affecting long term care are, staffing and reimbursement which were the primary factors of the recent closures in SD. Regarding reimbursement rates, the average SD nursing facility is losing on average \$65 of per Medicaid resident per day. That is an astounding figure when we consider that 55% of South Dakotans in nursing facilities rely on Medicaid to pay for their care. The staffing situation is critical and more severe than it has ever been. We depend on compassionate caregivers to be there for our parents, grandparents, friends and other loved ones. Recruiting and retaining these caregivers is an extraordinary challenge when there are currently so many other jobs available. The stress of the pandemic has exacerbated the issue. Data shows that from 2020 to 2022 hourly rates for nursing staff have increased over 30% and overall costs have increased 41% over the last year. Many facilities have had to use staffing agencies or traveling nurses and aides to help fill the gaps in their schedules. These staffing agencies are charging excessive amounts to facilities which is extremely costly and unsustainable. In addition, many staff are burned out from over 2+ years of COVID. The American Health Care Association found that 99% of facilities are asking staff to work overtime; 71% have hired agency staff and 61% are limiting admissions. Jenkins' census, pre-COVID was approximately 148 and our current average census is 95. South Dakota's Medicaid rate is near the bottom in comparison with other states in the nation. Even though, we were very grateful this year to receive money from the state of South Dakota to help with expenses, these were one-time monies. We need a funding mechanism that will guarantee ongoing funds so we can rely on them year after year as our senior population continues to rise.

Jenkins is a beautiful facility in the heart of uptown Watertown, serving seniors, for short or long term stays. We are also very proud of our extremely successful Jenkins Rehab Program for both inpatient and outpatient options, to serve you. Most importantly, with your continued support, we look forward to offering our services for years to come. Thank you.

Scott E. Gloe President/CEO



Greetings from the Jenkins Rehab Team!

Jenkins Living Center provides both inpatient and outpatient physical, occupational and speech therapy services. The three main objectives to a short-term rehabilitation stay, 1) is to help an individual restore their personal best level of functional ability, 2) to speed recovery, and 3) to help an individual recover safely and comfortably.

Jenkins Rehab Suites offer a beautiful setting to do just that. The experienced staff will assist with the development of individualized treatment plans. Treatment plans may include home visits, recommendations for adaptive equipment, and

personalized home exercise programs just to name a few. Individuals, following a short-term rehab stay, may transition to outpatient therapy services if needed, which can also be provided. If you have any questions regarding the therapy services, please call **605-886-1475** to speak with one of our experienced therapy staff. We'd love to help serve you!





Pastor Scott Dempster – Chaplain for Jenkins Living Center & Pastor for Bread of Life Ministries

Excerpt from: Daily Fellowship with God by Andrew Murray

“The first and chief need of our Christian life, is Fellowship with God. The Divine life within us comes from God, and is entirely dependent upon Him. As I need every moment afresh the air to breathe, as the sun every moment afresh sends down its light, so it is only in direct living communication with God that my soul can be strong.

The manna of one day was corrupt when the next day came. I must every day have fresh grace from heaven and I obtain it only in direct waiting upon God Himself. Begin each day by tarrying before God, and letting Him touch you. Take time to meet God.

To this end, let your first act in your devotion be setting yourself still before God. In prayer, or worship, everything depends upon God taking the chief place. I must bow quietly before Him in humble faith & adoration, speaking thus with my heart: “God is. God is near. God is love, longing to communicate Himself to me. God the Almighty One, Who worketh all in all, is even now waiting to work in me, and make Himself known. Take time, ‘til you know God is very near.”

Andrew Murray was a Dutch Reformed pastor and missionary in South Africa in the 19th century. But his understanding of finding fresh grace each day is still just as timely for us. I know that for me, as the world seems to be spinning out of control, trouble, trouble everywhere, He alone can provide the peace in the midst of it all. But not just on Sunday mornings, and not just with bedtime prayers. Not with religion, but with relationship. Fellowship with God, as our constant companion, our ever-present help in every time of need.

Peace is not life free from trouble or hardships, trials or storms...
Peace is the Presence of God in the midst of it all when life seems upside down

Dear Lord, teach us , teach me, to BE STILL....to stop our striving...and to allow You...better yet to INVITE You...to BE our ever present Companion and Shepherdone day at a time...now and FOREVER!"

Be still and know that I Am God.....Psalm 46:10



Are you a **DIFFERENCE MAKER!** Young or old, find your purpose at Jenkins to make your life more rewarding with your time, talents or treasures! **CALL** to find out how to be a **DIFFERENCE MAKER 605-886-1444!**

ON THE ROAD AGAIN!

Jenkins Living Center is looking to purchase a new transportation van! The van is essential to get residents to appointments, shopping & social activities! If you would like to help us financially, please contact Kristi Gloe at 605-886-1444. Help us, help our residents get where they want & need to go!



200 Maple Place by *Tori Simon*

Its always a great day at 200 Maple Place!! Join us August 2nd at 10am for our Grand Reopening with the Chamber of Commerce!! Come early and enjoy a cup of coffee, a cookie and take a look at our newly remodeled facility!



Townview by *Robin Briggs*



Greetings. Town View is getting some new flooring. It’s a work in progress, but it looks good so far. We’re all enjoying the flowers and getting outside to enjoy the days. Happy summer!





Meet Millie the Meter Maid

Mildred Oranna (Bever) Brinkman, born on August 7, 1929 to Arthur and Gladys Bevers was #7 of 11 children born on the family farm west of Watertown. Millie is one of four that are still living.

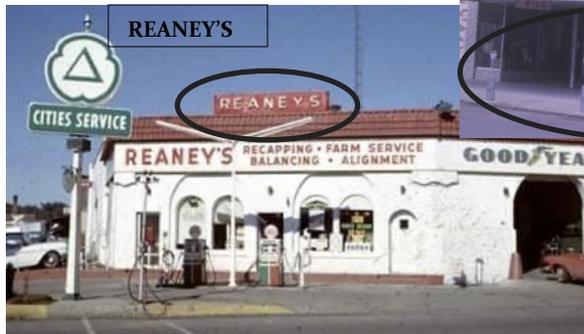
Millie married to Donald "Don" Brinkman on February 6, 1948 and they were married for 66 years! Don passed away on January 13, 2014. They were blessed with four children one son Darwin Brinkman of Watertown, and 3 daughters, Mona Ward of Mitchell, Verdie Quick of Sioux Falls and their youngest Jodie Engels of Watertown. She has 10 grandchildren, 15 great grandchildren and 1 great, great grandchild. She was a wonderful mother but also worked and worked and worked!

She held many positions to include, a cook and waitress at Reaney's Service/Pit Stop (pictured below), lunch lady in the schools, daycare provider, election worker, lead secretary for bowling association, checker at local grocery stores, attendant at Herberger's and most notably, the Watertown Police Department where she held a meter maid position for four(4) years equating to over 18,000 miles. Millie put on 15 miles each day as a meter maid, checking cars for parking violations. In her four years of being a meter maid it is estimated she had given out 12,000 tickets, and in high-heels nonetheless complete with a pencil skirt and jacket in police department colors. However, her favorite clothing to date, is still denim as you will more likely than not see her in jeans and maybe even a jean jacket!

Millie is a 'sun-lover' and sits outside for hours at a time. Millie is also a 'gamer'. She enjoys most every activity including bingo, card games and crafts. She just can't get over how everyone knows her name at Jenkins. And she shares her thoughts on Jenkins, "This a great place to live; everybody does everything for me. Everyone is so good to me. And they entertain us also. I've been at three other facilities, but Jenkins is the best. The food is so good and if we want something different or changed, they do it! The roast beef is my favorite and it is so tender and juicy."

Millie is however, is disappointed in one thing....the masks! She said, "It's been 2 1/2 years and it's time to get rid of them. I want to see the pretty faces, smiles and dimples that are hidden behind those masks!" She also said, "Jenkins doesn't need looking after...they are doing a great job of taking care of us!"

We love Millie and all the smiles and excitement she brings to our Jenkins family!



Meters in uptown Watertown.

CULTURE of CARE!! It's been said so many times, *'there is just something special about Jenkins'* It's the smile behind the masks. The love in our hearts. It is the **culture** of care! If you want to be a part of this **FAMILY**, call 605-886-1444, TODAY!

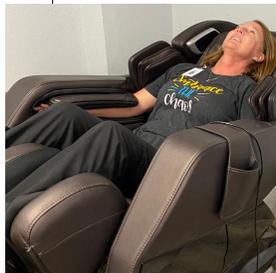


Massage CHAIR

The staff are loving their newest

WORK PERK, thanks to Jan Sharp!

***This massage chair is a welcome relief before, during or after a shift!
Thanks, Jan!***



*Our Amazing Angels Program continues to bring to light all the "extras" our team does!
#wearejenkins*



Zoo Trips!



Our Family



Pond Parties on the Patio!



Games!



Games!



More Games!



Happy Anniversary, Gerald & Ardell Dede!

When you celebrate 75 YEARS of marriage you get a "honk-by" celebration!



At Jenkins, we mix up empty bowl calorie options! And monsters with apples! We like food!

THANK YOU DONORS

FLOWERS

Family of Max Fleischhacker
Family of Melvin Turbak

STAFF RECOGNITION

Nicki Christenson

Barbara Hartley in memory of
Bob Boehnke

Tamra Jutting in honor of
Lavern McDaniel

DIFFERENCE MAKER

Bettie Marso in honor of the
Jenkins Rehab Group

JLC FOUNDATION

Jenkins' Family & Friends

Thank you to each and every one of you that graciously accepted our request and responded in kind with your generosity in our need to purchase some new medical equipment.

We are incredibly blessed to have you as our Jenkins's Friends & Family!

Lee Schull in memory of
Jan Schull

Dr. Stanley W. Allen
Mike & Laurie Danforth
Jim & Jane Dugan

Jim & Mavis Taecker
Gail Robison

Bernie Hanson
Dan & Sandy Albertson
Dean & Diane Johnson
Neiland Nelson
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Doug & Maylou Austin
Duane & Deanna Bullis
Bruce & Jill Gabel

Fr. Jerome Holtzman
Jerry & Judith Miller
Helen K. Miller
Mary & Richard Salchert
Lee & Donna Schoenbeck
Maury & Judy Vockrodt
Mike & JoDee Kluck
Ken Drake
David & Rosemary Klatt
Lavonne Peterson

REMEMBERING.....

In the loss of a friend, family member or other loved ones, please consider a gift in their memory but sending it to Jenkins Living Center.

We accept memorial gifts whether the individual had a connection to Jenkins or not.

Perhaps your friend who lives out of state, lost his father who also lives out of state. Your friend would receive a card about your gift in his father's memory.

So simple but touches the lives of many. Thank you so very much!

Donations are tax deductible & receipts are provided.

July

- 5... Helen Strohfus
- 14...Ardell Dede
- 15...Arlene Decker
- 19...Jane Boettcher
- 20...Delores Broksieck
- 24...Mary Vanpoucke
- 27...Dave Linngrén



August

- 7...Millie Brinkman
- 10...Carolyn Gose
- 11...Kathy Birney
- 17...Twyla Gjerde
- 20...Dorothy Brugman
- 23...Jennifer Kittelson
- 25...Doris Kohlhoff
- 26...Inez Unzicker
- 26...Sherry Cordell

September

- 2...Janelle Pompy
- 6...Lillian VanDyckhorst
- 9...Joe Pedersen
- 10...Wanda Dahl
- 14...Joan King
- 14...Julie Bleeker
- 25...Theresa Algard

Our Family...

Admissions

Carolyn Gose
Carl "Tuffy" Gisselbeck
Gloria Anderson
Betty Mundahl
Kenwood Eggen
Clifford Aker
Delores Broksieck
Julie Bleeker
John DeBoer
Gordon "Gordy" Spaete
Thomas "Tom" Myers
Gordon Teeters
Sr. Yvonne Linster
Maxine Owen

Discharges

John Annett
Cindy Miller
William Neale
Leslie Stauffer
Leon Gapp
Allan Weismantel
Mark McClendon
Nina Mitchell
Linda Nelson
Barb Maynard
Marcella Rost
Marian West
Bonita Nelson
John Erickson
Lloyd Riter
Vivian Weseloh
Stephen Heidenreich
"Gordy" West
Joan Boersma
Helen Schmidt

In Loving Memory

Mylo Anderson
Kathy Weeks
Ivien Larson
Marvin Hanson
Mary Hawkins
Mary Tschakert
Ed Johnson
Ellen Swancutt
Melvin Turbak
Viola Taylor



Diabetes mellitus

Individuals with type 1 diabetes do not have an adequately functioning pancreas that produces insulin and therefore they have to take insulin. Type 2 diabetics have insulin resistance in the body. Actually if you check an insulin level, especially early in the diagnosis, you will find it to be elevated because the cells are resistant to the insulin whose job it is to grab the glucose in the blood and transport it into the cell where it can be used or stored. Both types of diabetics need to monitor their blood glucose levels but to varying degrees.



Normal fasting blood glucose is less than 100. Then there is the gray zone of what is called **Impaired Fasting Glucose** or what some people call prediabetes. These individuals have fasting blood glucose values anywhere from 100-125. Rough estimates are that about 40% of these individuals will go on and develop the diagnosis of type 2 diabetes. If you have blood glucose readings of 126 or more on two separate occasions, then you have the diagnosis of **Diabetes mellitus Type 2** that you will have forever. Most people want to know how to prevent going from impaired fasting glucose to the actual diagnosis of diabetes. I tell them that there are four things that seem to make a difference **and the first three are exercise!**

Exercise is the most important, closely followed by weight loss. When we exercise or increase our activity, the cells of the body become more sensitive to the insulin allowing it to do its job of grabbing the glucose in the blood and transporting it into the cell where it can be used or stored. You may be thinking, "I try to exercise and I just do not lose weight". The vast majority of people who try to exercise to lose weight do not succeed. Unless you're like the 67-year-old gentleman I know who bought a puppy but could only walk three blocks to start with. When he came in six months later he was down 80 pounds because he was up to 10 miles a day walking with his dog. Usually I tell people weight loss is 97% changing the diet (limiting the flour, sugar, potatoes, etc.) and 3% exercise and increased activity. By the way, I usually do not like to use the word exercise but rather encourage patients to increase their activity. Find something that you like doing such as biking, walking, playing pickle ball, gardening, mowing the lawn, etc. Just get moving and doing more than you have been doing. I do not want you to feel that you have to go to the gym for an hour every day, although that would be very good, but rather if I can get you doing more than you have been doing you have succeeded.

Now that we talked a little bit about the two main types of diabetes and how to prevent getting the diagnosis of type 2 diabetes mellitus, next time we will talk about how to monitor blood glucose primarily for those of you who have type 2 diabetes. Have a great summer and don't forget to stay hydrated.

God bless,

Aaron Shives, CMD, MD

Jenkins Living Center Foundation Awards Two \$1,000 Scholarships



Christina Jensen is one of the recipients of the \$1,000 Joseph E. & Verne N. Messer Scholarship. Christina is currently working at Jenkins and is an LPN and at Lake Area Technical College.

Kristin Huumula is a CNA at Jenkins and is going to college to become a Social Worker.

Congrats to both of these young women as they seek careers in the healthcare field.

To receive more information on how you can provide financial support to the JLC Foundation, call Kristi at 886-1444.



Mandatory Training for All Staff!
We do it best!



Jenkins Living Center NEWS
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CHANGE OF ADDRESS NOTICE
Please notify us of an address change.
If you wish to no longer receive this,
please call 1-877-358-5777 or 886-1444.
Find the latest quarterly newsletter
at www.jenkinslivingcenter.com.

YES! I want to be a DIFFERENCE MAKER or VAN SUPPORTER!

I understand Jenkins is a NON-PROFIT and needs my help.

I want to offer a gift in the amount of \$_____.

A monthly gift in the amount of \$_____/month.

An annual gift for _____ years in the amount of \$_____/year.

____ I would like someone to help me with my giving option.

Please call me at _____.

Your Name _____

Address _____

City/State _____ Phone _____

Email _____

In **MEMORY** of _____

In **HONOR** of _____

Please send acknowledgment to: _____

Address _____

To make a secure credit card donation, call our
Business Office, 886-1442. We accept:
MasterCard, Discover, Visa & American Express.
OR enter this link for an easy way to give:
[https://secure.givelively.org/donate/
jenkins-living-center-inc](https://secure.givelively.org/donate/jenkins-living-center-inc)

Charitable trusts, bequests, annuities, property, memorial gifts or tributes, gifts of stock or commodities,
and multi-year pledges are all options! Call 886-1444 for more information!